The spa @ boscundle

Price List 2016

Boscundle Signature Treatments

"Time Stood Still"

90 minutes £85.00

Start your experience with a homemade salt scrub using a blend of oils suited to you. After the scrub is removed let the oils continue to calm your mind with a full body massage, easing away any tensions and worries drifting off into a state of total relaxation. While you lie there cocooned in warmth, experience a tranquil facial using the Spiezia product range. This treatment is complete "head to toe bliss" and designed especially for you.

Rebalancing Facial Experience

75 minutes £69.00

Using cornish Spiezia products, this rebalancing facial includes an upper back massage to relax your muscles, followed by a calming facial to cleanse and hydrate your skin.

Invigorating Head to Toe Ritual

75 minutes £69.00

Using Cornish Spiezia products, this invigorating treatment will exfoliate your whole body from head to toe with aromas of Lemongrass and Marigold. Finish with a mini facial & head massage to clear and calm your busy mind.

Luxury Back Treatment

45 minutes £55.00

Using Cornish Spiezia products, treat your back, neck and shoulders to a luxury, hydrating pamper. Start with a back cleanse and exfoliation followed by a melting muscle massage to release aches and tension to those most affected areas

Specialist Treatments

Body Treatments

These treatments aim to provide an indulgent mixture of relaxation, complete skin polishing and ultimate skin refinement. Full body exfoliation followed by a luxurious body wrap.

Luxury Body Wrap

120 minutes £129.00

Body exfoliation and wrap followed by express facial and finished with a full body massage.

Pampering Body Wrap

75 minutes £79.00

Body exfoliation and wrap followed by back, neck and shoulder massage.

Body Wrap

60 minutes £59.00

Body exfoliation and wrap with a gentle scalp massage.

Full Body Polish

30 minutes £39.00

Full body exfoliation followed by application of a skin hydrating cream.

Swedish Massage

Using different massage techniques, your therapist can release tension, relieve stress and improve circulation. This treatment can be either relaxing or invigorating depending on your individual needs.

Full Body Swedish Massage

60 minutes £55.00

Back, Neck and Shoulder Swedish Massage 30 minutes £35.00

Tension Therapy Massage

This massage involves using a deeper pressure to stimulate and tone the muscles also providing remedial relief to aching muscles and encouraging blood flow to revive strained areas.

Back and Legs Tension Therapy Massage 45 minutes

45 minutes £55.00

Back, Neck & Shoulder Tension Therapy Massage

30 minutes £45.00

Aromatherapy Massage

This gentle massage will help to relax the body while a soothing combination of beautiful aromas help to regulate, balance, heal and maintain your entire being.

Full Body Aromatherapy Massage

60 minutes £60.00

Back, Neck, Shoulder and Head Aromatherapy Massage

40 minutes £45.00

Back, Neck and Shoulder Aromatherapy Massage

30 minutes £39.00

Indian Head Massage

This is a traditional massage originally used by families across India to aid relaxation, promote hair growth and to generally relieve everyday stresses. Performed whilst seated this massage is great for relieving headaches and muscular tension in the shoulders.

Traditional Indian Head Massage		Make up application	
30 minutes	£35.00	30 minutes	£29.00
Aromatherapy Indian Head Massage 30 minutes	£39.00	Make up lesson & application of make up 60 minutes	£49.00
Hot Stones Massage A massage using water heated basalt stones. The heat relaxes muscles allowing manipulation of a intensity than with regular massage.		Prom make-up 45 minutes	£29.00
Full Body Hot Stones Massage	£69.00	Hand and Foot Treatments	
Back, Neck and Shoulder Hot Stones Mass 40 minutes	age £55.00	Luxury Hand and Foot Package 45 minutes Luxury treatment to soothe these hard worked ar Exfoliation to the hands and feet followed by a re massage. Excludes paint.	
Facials		Luxury Pedicure* 60 minutes	£30.00
Hot Stones Facial 60 minutes A warm, relaxing facial. The heat relaxes the face neck opening the pores, aiding the absorption of specific products tailored to suit your skin type.		Pedicure* 50 minutes	£25.00
		Luxury Manicure*	
Uplifting facial		45 minutes Manicure*	£25.00
60 minutes Designed for the more mature skin type, this facia		40 minutes	£22.00
massage techniques designed to help lift and to helping to prevent wrinkles and improve the appearance of the skin.		Shape & Polish (Nails/toenails) 30 minutes	£17.00
Luxury Facial 60 minutes This is the ultimate skin pampering treatment. Clear exfoliation, face and shoulder massage, mask, ha		<pre>Minx Nails 60 minutes *includes paint</pre>	£29.00
		Gel nails	0 - £26.00
scalp massage, tone and moisturise. Express Facial		Add gel nails to any nail service	220.00
30 minutes	£35.00		00 per set
All of the benefits of the luxury facial condensed mini treatment for those with little spare time on the spare time of the spare time.	their	Callus peel 30 minutes	£23.00
hands. Relaxing, rejuvenating this is the perfect li me up.	ппе ріск	add paint and nail prep	
Makaun		Waxing	
Make up			
Bridal Packages Consultation, practice & on the big day		Full leg, Bikini and Under arm 60 minutes	£39.00
90 minutes	£99.00	Full Leg 45 minutes	£29.00
On the day only 60 minutes	£49.00	1/2 Leg wax/arms 30 minutes	£19.00
Bridesmaids & Mother of the Bride 30 minutes	£35.00	Under Arm	L17.00
		15 minutes	£10.00

Eyebrows

15 minutes £6.50

Bikini

15 minutes £12.00

Upper Lip/Chin

15 minutes £5.00 each

Eyes

Patch test needed prior to treatment.

Eyelash/Brow tint and Eyebrow Shape

30 minutes £18.00

Eyelash Tint

30 minutes £10.00

Eyebrow Tint

15 minutes £6.50

Treatments For Men

Luxury Men's Facial

60 minutes £50.00

Express Facial

30 minutes £35.00

Back Wax

30 minutes £25.00

Chest Wax

30 minutes £25.00

Spa Day Packages

Treat yourself or a loved one to one of our renowned spa packages. Choose from a whole day or just a morning indulging in a combination of different treatments. Our spa packages all include complimentary use of our indoor heated swimming pool and gorgeous hot tub with some offering lunch.

Platinum Spa Day

1 day £229.00

Enjoy champagne and strawberries on arrival followed by an all over body exfoliation, luxurious body wrap, a facial and an Indian head massage. After a tasty, but healthy, lunch indulge in an aromatherapy or hot stones full body massage followed by a luxury manicure and a luxury pedicure.

Gold Spa Day

1 day £199.00

Enjoy a complimentary smoothie on arrival followed by an all over body exfoliation, full body wrap and a facial. After a healthy lunch experience a full body massage followed by a manicure and a pedicure.

Silver Spa Morning

1/2 day £129.00

Enjoy a complimentary smoothie on arrival followed by a body wrap, full body massage, express facial and a pedicure. Finish off with lunch.

Bronze Spa Package

2 hours £79.00

File and paint for the hands and feet, express facial and a back, neck and shoulder massage.

Group Packages

Party/Hen Party Package

Party Package (per person - up to 2 persons) £50.00 Party Package (per person - 3 persons or more) £45.00

You will be welcomed to Boscundle Manor with a red carpet and a bucks fizz. A 1/2 hour treatment per person is included along with a sandwich lunch finished off by a scrumptious chocolate fondue. Complimentary use of our heated indoor pool and roof top hot tub is included in this fun package. Maximum of 10 people. Treatments to choose from are:

- Back, Neck and Shoulder Massage
- Indian Head
- Express Facial
- Mini Pedicure/Manicure

Mother and Daughter Package

 1 adult 1 child under 14
 £65.00

 1 adult 1 child over 14
 £85.00

Get greeted at the manor by a Boscundle cocktail (non alcoholic for under 18's). Spend some quality time together in our roof top hot tub or lounging by the indoor pool, then enjoy a facial or nail art to the hands and feet in our spa. Complete your package with a sandwich lunch followed by a delicious chocolate fondue. We provide gowns and towels for your use during the package. AM and PM packages available

Twilight Package

(per person)

£59.00

Enjoy an evening relaxing with a candle lit swim and use of our outdoor hot tub. Indulge in our spa with a 1/2 hour treatment each and finish with a 3-course table d'hôte meal in our restaurant. Minimum of 2 people. Treatments to choose from include:

- Indian Head Massage
- Express Facial
- Mini Manicure/Pedicure
- Back, Neck and Shoulder Massage

Pretty Princess Package

(per person)

£25.00

Give your little princess the real royal treatment, with a red carpet on arrival and a non alcoholic pink flamingo cocktail. She will have the application of makeup and the choice of a file and paint for the hands or feet. Included in the price is a sandwich lunch and a chocolate fondue to finish. Enjoy full use of the facilities during your stay, towels and robes are provided for your

convenience. Minimum age is 5 years, maximum age is 12 years. Minimum of 3 persons, maximum of 10. am and pm packages available

Nailtastic Package

Nailtastic Package (per person)

£25.00

A fun package designed for young teenagers. Enjoy a Boscundle cocktail on arrival followed by use of indoor pool and roof top hot tub. After relaxing with friends they will enjoy a mini manicure in the spa with advice on the care of looking after their hands and nails, followed by nail paint and nail art including gems and sparkle. Finish the pamper with a sandwich lunch and a scrumptious chocolate fondue. Minimum age 12 maximum age 16, minimum or 3 people

maximum of 10. AM and PM packages are available.

Residential Spa Breaks

 $\begin{array}{lll} \text{(price per person)} & & & & \\ \text{Nov to March} & & & £99.00 \\ \text{April to June \& September- October} & & £119.00 \\ \text{July \& August} & & £139.00 \\ \end{array}$

Enjoy a night away for 3 to 10 friends on a dinner, bed and breakfast basis including a spa treatment each. On arrival you will receive a tea or coffee and a slice of our home made cake before we show you to your fully equipped rooms.

Choose from one of the following treatments:

- Indian Head Massage
- Express Facial
- Mini Manicure or Pedicure
- Back, Neck and Shoulder Massage

After treatments and complimentary use of our heated indoor pool and hot tub just outside, enjoy dinner in the restaurant, with an allowance of £29.00 to spend. Following your night's stay, enjoy a delicious cooked breakfast in the morning prior to departure.

*See our accessibility statement

Terms and conditions and cancellation policy

For particular treatments and any booking over 2 hours card details will be asked for, any cancellation without 48 hours notice will be charged for.

For spa days payment will be taken one week prior to bookings, any cancellations after this time will not be refunded unless we can re sell the booking slot. For large bookings a deposit may be asked for to secure your booking.

To get the most from your experience with us, please allow 15 minutes before and after your treatment to relax in our lounge or pool side. The treatment time stated is the full time in the treatment room, therefore late arrival may mean your time is shortened as a courtesy to the next client.

Please be aware that personal information such as your medical history and contact details will be required during a consultation so as to ensure that you get the maximum benefit from your treatment and if you are pregnant or have any special medical conditions, then please advise reception when booking, so we can recommend the most appropriate treatment.

Only food and drink purchased from Boscundle Manor may be consumed on the premises. The company reserves the right to make a charge if clients bring in their own food and/or drink.

If you are resident in the hotel, we would advise changing into the bath robe from your room prior to your treatment and if you are not staying with us, please wear comfortable clothing on arrival and you may borrow a bath robe if you are using the spa facilities.